

# CHESTERFIELD CITIZEN

A QUARTERLY PUBLICATION OF THE CITY OF CHESTERFIELD



# Celebrate National Public Works Week: May 15-21

National Public Works Week is May 15-21! This serves as a time to recognize the contributions of public works professionals and educate the public on the importance of public works to their daily lives. Public Works exists to develop and support the people, agencies, and organizations that plan, build, maintain, and improve our community.

This year's theme - "Ready & Resilient" highlights the ability of these professionals to perform regular public works duties and be ready at a moment's notice to react as first responders during natural disasters and overcome trials seen in the field. Always ready to serve their communities, and resilient as ever in their abilities to pick themselves up off the ground after encountering challenges.

Public works superheroes help keep communities strong by providing an infrastructure of services in transportation, water, wastewater and stormwater treatment, public buildings and spaces, park grounds, emergency management and first response, solid waste, and right-of-way management. They are what make our communities great places to live and work. So join us in celebrating these superheroes!



# 10th Annual Ed Nestor Memorial Backstoppalooza

We invite you to join us at the 10th Annual Ed Nestor Memorial Backstoppalooza concert on Saturday, August 27, 2022 featuring Silver Bullet STL: A Tribute to Bob Seger! Admission is free, but donations are accepted.

Last year the Chesterfield Police Department raised \$57,000 for The Backstoppers. Backstoppalooza was started in 2013 after the Line-of-Duty deaths of two of our own Chesterfield Police Officers and is held each year at the Chesterfield Amphitheater.

All proceeds from the concert (corporate donations, food and beverage sales, t-shirt sales) support The Backstoppers. The Backstoppers have been so very helpful to our officers' families and an absolute relief to the families of all fallen first responders. Since the inception of Backstoppalooza, the event has raised over \$400,000.

Community partnerships, such as corporate donors and community organizations, help raise a majority of the proceeds for Backstoppalooza. Concertgoers donate heavily on the day of the event through food, drink and t-shirt sales.

The concert is staffed by Chesterfield Police Officers, Monarch Firefighters and their families who volunteer their time to team up and pitch in to make Backstoppalooza a huge success and a fun event for everyone.

If you would like to become a corporate sponsor, please contact Lt. Chris Connelly at bpalooza@chesterfield.mo.us or visit the Ed Nestor Memorial Backstoppalooza webpage at https://www.chesterfield.mo.us/backstoppalooza.html.

Scan the QR Code on your phone camera to donate to Backstoppers today!







# Mayor Bob Nation 636.537.4711 bnation@chesterfield.mo.us Term Expires: April 2025

#### **Council Members**

#### Ward I

Mary Monachella- 636.579.9030 mmonachella@chesterfield.mo.us Term Expires: April 2024

Barbara McGuinness- 314.434.7326 bmcguinness@chesterfield.mo.us

Term Expires: April 2023

#### Ward II

Mary Ann Mastorakos- 636.532.3222 mmastorakos@chesterfield.mo.us Term Expires: April 2024

Aaron Wahl- 314.681.8521 awahl@chesterfield.mo.us Term Expires: April 2023

#### Ward III

Michael Moore- 314.378.7142 mmoore@chesterfield.mo.us Term Expires: April 2024

Dan Hurt- 636.532.2035 dhurt@chesterfield.mo.us Term Expires: April 2023

#### Ward IV

Merrell Hansen- 314.503.8844 mhansen@chesterfield.mo.us Term Expires: April 2024

**Gary Budoor**- 636.410.0259 gbudoor@chesterfield.mo.us *Term Expires: April 2023* 

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# Mayor's Message

Summer greetings to all our residents! It is an exciting time of the year with so many things going on, not to mention warmer weather and further distancing from COVID (hopefully). We look forward to a busy summer with many concerts and outdoor events!

Some of the ongoing developments are Phase II of the Riparian Trail from Lydia Hill northward to Old Chesterfield Road, continued progress on Wildhorse Village, construction of Gateway Studios, progress on redefining of The District, several new subdivisions underway, and the beginning of Chesterfield Sports Complex at the west end of Chesterfield Valley.

Congratulations to re-elected and newly elected councilmembers!

- Ward 1 Mary Monachella
- Ward 2 Mary Ann Mastorakos
- Ward 3 Mike Moore
- Ward 4 Merrell Hansen (newly elected)

#### **Financial News**

Sales tax receipts year-to-date through April are 14% above 2021 receipts as we continue to recover from financial effects of COVID. However, to put things in perspective, prior to COVID in 2019, the City's total revenue was less than what it was four and five years earlier. I have said this before, but given the additional \$2.6 million annual revenue that occurred during this timeframe from passage of Proposition P in 2017, it is of concern to me that our revenues have suffered to this extent.

Although the majority of voting precincts in Chesterfield approved the Use Tax (Proposition U), there were a few precincts that failed by a margin sufficient to cause overall failure by approximately a 52/48 margin. In all likelihood, the Use

Tax will go on the ballot in the future, but at this time it has not been determined



when that will be. I think that as more voters gain a better understanding, there will be less aversion to the measure. Although there were many cities where the measure passed, the County Use Tax (Proposition C) failed by a margin of 57/43. The Missouri Legislature passed Use Tax legislation that will allow the State to begin collecting their portion of 4.225% effective January 1, 2023.

All of the above said, we must adapt to a changing environment where retail sales tax receipts are declining in part due to increased online out-of-state purchasing. In spite of visible growth in our City, unless there is a retail sales tax component to that development, there is little additional revenue coming to the City to pay for additional services necessitated by the development. This is further explained by the fact that Chesterfield has no property tax, unlike St. Louis County, and many other municipalities. This probably sounds like a broken record to many of you, but in talking to our taxpayers, it seems that many are unaware of this fact. So, sooner or later, something is going to have to give, either increased revenues or decreased services. Personally, I hope we can find a way to increase revenues sufficient to maintain our level of services provided. Adding to the challenges is the fact that inflation has reared its head in a big way and is certainly increasing our costs for material, as well as labor.

In spite of these challenges, the City of Chesterfield is in excellent financial shape, with adequate reserves that are available in the event they are needed. While we pride ourselves in being able to

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provide a high level of service, our staff and elected officials are very fiscally conservative, and for these reasons I remain overwhelmingly optimistic about the continued success of our City!

I hope to see you out and about over the summer!

Cordially,

# Bob Nation

**Riparian Trail** 

#### In late 2017, the City of Chesterfield obtained a grant to construct an extension to the Riparian Trail. For anyone not familiar with the Riparian Trail, it is a wooded trail which runs along the south side of Lydia Hill Road from the parking lot at Central Park to its temporary terminus at August Hill Road. This project (Phase II and III) will extend the trail north through the western portion of Central Park, across Wild Horse Creek Road, ending at Old Chesterfield Road (see map below). This project is funded through a grant secured via the Transportation Alternatives Program (TAP) and the Chesterfield Valley Transportation Development District (TDD). The City's goal is to ultimately connect the Riparian Trail to the Levee Trail. The Riparian Trail Project is currently under construction and should be completed by July.

# **Update on 2022 Concrete Slab Replacement Project**

The Spring 2022 Chesterfield Citizen contained an article describing the planned 2022 Concrete Slab Replacement Projects. Since the issuance of that newsletter, these projects have been publicly bid. Unfortunately, the bids received were substantially higher than previous years. Specifically, the price provided for concrete was \$63.50 per square yard, compared to the most recent five-year average of \$46 per square yard. In order to keep the projects within budget, the scope of the projects was modified, and the following streets have been deferred to a future year: Conway Springs Drive, Forest Meadows Drive, Whitestone Farm Drive, and Woodland Field Court.

If you have questions regarding the 2022 Concrete Slab Replacement Projects, please contact the Public Works Department at 636.537.4762.

### **Did You Know?**

The City of Chesterfield maintains the walking and biking trail located on top of the Monarch-Chesterfield Levee? The City is currently working to obtain the easements necessary to construct the 1.5 mile missing section of the Levee Trail between I-64 and Top Golf. While the Levee itself is maintained by the Monarch-Chesterfield Levee District, the trail requires a separate easement from the underlying property owners. The City of Chesterfield hopes to begin construction on the missing section of Levee Trail in 2023.



# City of Chesterfield

## THE CHESTERFIELD CITIZEN

# **Tyler Home and Family**

By: Ann Chrissos

In the mid-nineteenth century there were three plantations located in the Babler Park area. The owners of these plantations were Robert G. Coleman Sr., William H. Coleman (Robert's son), and Henry Tyler. These men and their families came to St. Louis County in 1837 from Spottsylvania and Caroline Counties in Virginia. They brought more than 100 slaves with them to produce hemp as a cash crop. Captain William Tyler also accompanied these men from Virginia and purchased 80 acres along Wild Horse Creek Road and Highway 109. According to the Watchman Advocate, the Tylers were "either descendants or relatives of John Tyler, tenth President of the United States, and George Tyler, a former governor of Virginia."

Henry Tyler had five sons and two daughters. His daughter Elizabeth Jane married Robert G. Coleman Jr. Captain William Tyler had four sons: Zachary, John S., Dr. Benjamin R. and Alexander. William served in the Missouri State Legislature in 1840 and 1842. Sometime between 1837 and 1850, William had a picturesque cottage built on his property. It had a second floor under a gable roof and still stands today at 18332 Wild Horse Creek Road. During the Civil War, William served in the Confederate Army and died in Virginia in 1864. His house and property were then purchased by Thomas W. Waters. After Waters' death, William's son Benjamin purchased it and immediately sold it to Robert Y. King of St. Louis for \$1,200. James B. Eatherton purchased the property in 1885 for \$1,500.

John Tyler, grandson of Henry Tyler, built a mansion and slave huts on property near Howell's Landing in the original Village of Saint Andrew. However, when the Missouri River flooded in 1844, the mansion and the entire village were washed away.

The Tyler and Coleman families worshipped in the Antioch Baptist Church, which was organized in 1841. Initially, the worshippers met in homes or schools until a small, windowless log church was constructed. In 1869, Robert and Laura Orr donated land at 18319 Wild Horse Creek Road and a more formal church was constructed. Slaves formerly owned by the Tylers, Colemans, Eathertons and other area families actually

built the church. After the completion of the new church, the freed slaves acquired the old log church and renamed it Mount Pleasant Baptist Church. Services were held in this church until 1925.

An African-American community had sprung up in the area of Church Road between 1865 and 1869. James Ellis and Philip Winston, two former slaves, purchased and settled on 88 acres in the region. They sold one acre for a cemetery. William West, another former slave, bought 133 acres next to the cemetery, where he and his wife Malinda and their children lived. Eventually, West divided his property among his heirs, but he set aside two acres adjacent to the cemetery for a church. In 1925, a stone church named Union Baptist Church was constructed. It replaced the Mount Pleasant Baptist Church and served its growing membership until a larger church was built in 1942. This church was destroyed by fire in the late 1970s, but, with the aid of neighboring communities, it was quickly rebuilt. A close-knit African-American community still exists in Westland Acres along Church Road (named for William West), which straddles the Chesterfield/ Wildwood border.

Many members of the Tyler and Coleman families are buried in either the Babler Cemetery in Babler Park or in the Coleman Cemetery near Wild Horse Creek Road. These cemeteries, like the Union Baptist Church Cemetery, are located in Wildwood today.

#### Sources:

- Chesterfield Historical Commission Book Committee. Chesterfield, Missouri: From Untamed Wilderness to Thriving Municipality, 2011.
- Hertich, H. G. Watchman Advocate, "The Tyler Home, 125-Year-Old Landmark...", 11 March 1949.
- Mercer, Joyce. Plantations in St. Louis County.
- Rothwell, Dan. A Guide to Chesterfield's Architectural Treasures, 1998.
- Thomas, William L. History of St. Louis County, 1911.

Home of William Tyler. Courtesy Dan Rothwell, Dec. 1997





Antioch
Baptist
Church.
Courtesy of
Dan Rothwell,
Oct. 1997



## • • THE CHESTERFIELD CITIZEN

# TAKEBACK

## DEA National Prescription Drug Take Back

Each year the Chesterfield Police Department participates in the DEA National Prescription Drug Take Back Days in the spring and fall. These events aim to provide a safe, convenient and responsible means for the disposal of unwanted/unneeded

prescription medications, while also turning the public spotlight on the potential for abuse of these medications.

This year's fall DEA National Prescription Drug Take Back Day will be held in October at both the Chesterfield Police Station (690 Chesterfield Parkway West) and Clarkson Valley's City Hall (15933 Clayton Road) from 10 a.m. - 2 p.m. Residents can stay updated on the date by checking the Chesterfield Police Department's Facebook Page.

For each event, we will only accept prescription medications (nothing over-the-counter, please). We will not accept liquids, inhalers/aerosols, needles of any kind, or dietary supplements. Please leave your medications in the original packaging as loose pills can present a hazard to those working the Drug Take Back. All medications collected will be incinerated so there is no need to remove labels. We look forward to this event and everyone doing their part as a community to help end the abuse of prescription meds.

### National Wildlife Federation Accreditation

The National Wildlife Federation (NWF) is the national accreditor for all the City of Chesterfield – from citizens' backyard habitat gardens, through our Parks system, to the Monarch Pollinator Nexus, to businesses and organizations which have established Monarch-Pollinator Habitat Gardens. Since 1936, the NWF has been America's largest and most trusted conservation organization uniting all Americans to help conserve wildlife. The

effort to get our community nationally-certified started in 2000. This process took five years which included conservation programs, events, composters, and native florae giveaways. Achieving certified habitat and schoolyard habitat gardens shows quality nature, improving the health of our habitat. Chesterfield was NWF-Certified in early 2005. Through many resident businesses, families, schools, and park efforts, we have achieved

NWF-certification, improved conservation, and nature in Chesterfield for 18 consecutive years! Chesterfield is still the first and only NWF-Certified Community Wildlife Habitat in our State. There are over 145 other certified community wildlife habitats with Chesterfield being #9 in the Country! Keep it growing forward with a focus on sustainability, Chesterfield!



### **Subscribe for City Updates**

Want to be in the know? Sign up for the City's web notification feature that will deliver information on topics that you've selected straight to your email inbox! Learn about new businesses coming to town or receive public safety updates from the Police Department. You can get news about events from the Parks, Recreation, and Arts Department along with updates from other City agencies.

Be among the first to receive the electronic version of the Citizen newsletter, and get other information about upcoming events and activities! Just look for the web notification feature on the Chesterfield website. Provide us with your email address and click on the categories for which you'd like to receive information. It's that easy to be in the know!





Sign up today by going to this website: https://www.chesterfield.mo.us/webmail.html or by scanning the QR Code above

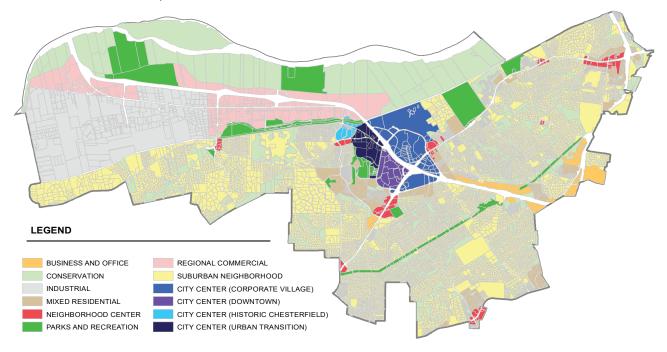


# City of Chesterfield

# THE CHESTERFIELD CITIZEN

# The Comprehensive Plan

The Comprehensive Plan is the official adopted statement for future development and conservation in the City. A Comprehensive Plan is a policy guide that details the City's long-term vision and outlines the steps necessary to achieve it. The plan provides a framework for addressing issues and opportunities pertaining to growth and development in an organized, efficient, and sustainable manner. It provides an objective basis to support zoning and other land use controls, and it informs the decision makers and City officials pertaining to capital investments, development approvals, economic development initiatives, and conservation. The plan is long range in scope, focusing on the needs of the community, typically over a 20-year period or longer. All municipal governments in the State of Missouri are authorized by statute in Missouri by the Zoning Enabling Act to plan and enact zoning and land use regulations. The specific statutory authority for a municipality to plan and zone is contained in Chapter 89.



### The Land Use Plan

The Land Use Plan (above) is a key element of the City's Comprehensive Plan. It depicts the development pattern envisioned by and for the Chesterfield community. Reflective of citizens' expectations, each color on the Land Use Plan represents one of 12-character areas, which are listed within the Legend. The use of character areas defined for each land use designation describes existing and future development. In addition to land use, they convey development policies that promote the development pattern envisioned by Chesterfield.

While the character areas are not zoning districts, they provide sufficient guidance to help City officials and staff determine which zoning districts are suitable for specific locations.

For more information on the City's Comprehensive Plan, contact the City's Planning Department at 636.537.4733.

### Did You Know?

The City of Chesterfield incorporated in 1988. During the 1990 census, Chesterfield recorded 42,341 citizens, compared to the 2020 census of 49,999. That totals almost 7,700 new residents in our community over 30 years!



## THE CHESTERFIELD CITIZEN

# June is National Pollinators' Month



National Pollinators' month is to help people become more informed about pollinators and their relationship with plants! Pollinators are insects and animals that feed on flower nectar and pollen, thus transferring pollen and fertilizing plants. Pollination not only allows flowering plants to reproduce but also to produce the seeds, nuts, fruits and other food on which both wildlife and people depend. This year is also the third anniversary of the Million Pollinator Garden Challenge, a national initiative to bring back native bees and support local pollinators which our community had undertaken since that time. June should be when families, schools, parks, organizations and businesses plant native florae to help, not only migrating Monarch Butterflies, but local pollinators in their yards and gardens. Consider developing your own pollinator-friendly yards/gardens by visiting https://www.chesterfield.mo.us/chesterfieldcitizens-environmental-advisory-committee.html to review the following flyers:

- 1. Native Bee Pollinators in your Garden
- 2. Butterflies and their Hosts
- 3. Nectar Plants for Butterflies

These flyers also show host plants for caterpillars and nesting information for native bees, and they are from our Butterfly House/Project Pollinators Partner! Get your garden National Wildlife Federation-Certified (NWF) and add your garden to Chesterfield's NWF-Certified Community Wildlife Habitat in its 18th year of improving quality nature in Chesterfield! Help conserve the diversity of our local pollinators by helping to sustain them!

# Tree City's 25th Year Celebration



The Planning Commission is a statutory committee of the City of Chesterfield.

A statutory committee is a board, commission or committee which is established pursuant to a specific State enabling Statute or established pursuant to a specific ordinance as approved by the City Council.

The Planning Commission shall consist of nine citizen voting members as nominated by the Mayor and approved by the City Council. Members serve for a period of four years. All citizen members shall be registered voters and have been a resident of the City for not less than one year preceding the date of appointment.

This Commission serves as an advisory board to the City Council on rezoning requests and is responsible for adoption of the City's Comprehensive Plan. The Commission addresses such issues as revision of the Unified Development Code, architectural review and site plan review at regularly scheduled Planning Commission meetings.

Meetings are generally on the second and fourth Mondays of the month at 7 p.m. (subject to change due to holidays or other scheduling conflicts).

The Department of Planning attends each meeting to present agenda items, communicate petitions and serve as a staff liaison.

For questions regarding Planning Commission meetings, please contact the City's Planning Department at 636.537.4733.

In the midst of National Arbor Day's 150th Anniversary in April, 2022, Chesterfield is celebrating its 25th Tree City, USA!!! Chesterfield is a "City of Trees," and reforestation helps to keep trees here, growing and healthy. Chesterfield's Street Tree Program, managed through our City's Arborist Geoff Wegrzyn, helps to provide for this. At each Earth Day, the giving away of native Missouri Department of Conservation trees helps sustain our

TREE CITY USA

backyard trees!

The requirements which must be met each year by our community and City Arborist are: to maintain a Tree Board or Department, have a community tree ordinance, spend at least \$2 per capita on urban forestry, and celebrate Arbor Day! Congratulations, Chesterfield!

# THE CHESTERFIELD CITIZEN



# The Chesterfield Police Department Presents: *National Night Out*

On Tuesday, August 2, 2022, we will be celebrating National Night Out (NNO) in Chesterfield. We will be joining forces with thousands of communities nationwide for the "38th Annual National Night Out" crime and drug prevention event. National Night Out is sponsored by the National Association of Town Watch and the Chesterfield Police Department.

National Night Out is designed to:

- Heighten awareness of crime and drug prevention
- Generate support for, and participation in, local anticrime efforts
- 3) Strengthen neighborhood spirit and police-community partnerships

 Send a message to criminals letting them know neighborhoods are organized and fighting back

That night, residents in neighborhoods throughout Chesterfield and across the nation are asked to lock their doors, turn on outside lights and spend the evening outside with neighbors and police. The Chesterfield Police Department is looking forward to seeing everyone at the event for a little fun and a lot of community spirit as we all work toward the goal of preventing crime and addiction.

During the event, our Community Affairs Unit and our Patrol Units will be visiting registered neighborhood events in Chesterfield and Clarkson Valley. This is a great chance to ask questions and have open dialogue with the officers.

For more information or to register your neighborhood, please contact the Chesterfield Police Department Community Affairs Officer, Chad Meyer at 636.537.6769 (cmeyer@chesterfield.mo.us) or visit our website at:

https://www.chesterfield.mo.us/national-night-out.html.



# Dog Etiquette in Public Parks

- Dogs MUST be on leash in all City parks
- Be a good neighbor to others
- Respect other dogs' and owners' privacy
- Please clean up after your dogs



# **Requests For Traffic Control**

Have you ever wondered how to request a Stop Sign, No Parking Sign, or other traffic sign on a City maintained street? This can be done by contacting the City at 636.537.4000 or using the Report a Problem function on the City's website. Enter your request and contact information and a member of the Engineering Division of the Public Works Department will contact you to obtain additional information. Please note that all signage in the City of Chesterfield must conform to the Manual of Uniform Traffic Control Devices (MUTCD). Additionally, No Parking Signs require 75% support of residents in the area, and 90% support from the adjacent property owners. Stop Signs must meet warrants (as defined in the MUTCD) and be supported by 75% of the area residents.

If you have questions regarding street signs, please contact the Public Works Department at 636.537.4762.



# • • • NEW BUSINESS LICENSES ISSUED

#### January:

#### **Bauer Insurance Group**

241 Chesterfield Mall, 616

#### **C&C Group**

291-221 Chesterfield Industrial

#### **Coast to Coast Transit**

400 Chesterfield Ctr, 400

#### **Gracie Barra Chesterfield Jiujitsu**

#### & Self Defense

13379 Olive Blvd

#### Lenscrafters #0554

(Relocation)

17304 Chesterfield Airport Rd,

#### **Opulence**

291 Chesterfield Mall, 618

#### **Phi Air Medical**

639 N Bell Avenue, Hangar 2N

#### **Summit Specialty Transport**

16141 Swingley Ridge Rd, 106

#### **The Brothers That Do Gutters**

743 Spirit 40 Park Dr

#### **Ukraft Cafe & Smoothie**

#### **Exchange**

14888 Clayton Road



#### February:

#### **AC Hotel Chesterfield**

16461 Wild Horse Creek Rd

#### **ALC Schools**

16052 Swingley Ridge Rd

#### Amerahealth

744 Spirit of St. Louis Blvd, I & J

#### **Bullkat Supply Group**

154 Chesterfield Mall 797

#### **Chesterfield Community Center**

237 Chesterfield Mall

#### **Deborah Vose**

281 Chesterfield Mall, 664

#### **Family Entertainment Group**

17353 Edison Ave

#### **McCarty Photography**

18241 Edison Ave

#### Partek Inc.

624 Trade Center Blvd, E

#### **Premcor Healthcare Institute**

744 Spirit of St. Louis Blvd, I & J

#### **Ouality COVID Care**

14282 Ladue Rd

#### **Seventh Wave Laboratories**

16100 Chesterfield Pkwv W

#### Simply Brooks Handcrafted Co.

18511 Outlet Blvd, 823

#### Suits 4 Men

#### (Relocation)

18533 Outlet Blvd, 103

#### **Talbots #4418**

#### (Relocation)

18505 Outlet Blvd, 409

#### The Backspace

100 THF Blvd

#### **VK Psychiatry**

16100 Chesterfield Pkwy W, 260

#### **World of Art**

18521 Outlet Blvd, 518

#### March:

#### **American Parkinson Disease Assoc.**

#### (Relocation)

16100 Chesterfield Pkwy W, 125

#### **Aurora Med Spa**

#### (Relocation)

1661 Clarkson Rd

#### **Brave Health Medical Group**

400 Chesterfield Ctr, 400

#### Cleanspa

#### (Relocation)

17280 N Outer 40 Rd, 203

#### **Coconut Groove STL**

291 Chesterfield Mall

#### **Defiant Dough (Half Baked Cookie**

#### Co.)

17409-C Chesterfield Airport Rd, C

#### **Echopark**

18491 Outlet Blvd

#### **Ethos Medical Spa**

116 Chesterfield Commons East Rd

#### **Feet for Life Centers**

#### (Relocation)

17280 N Outer 40 Rd. 203

#### **Fybr Acquisition LLC**

640 Cepi Dr. C

#### **Lunaris Health & Wellness**

16216 Baxter Rd, 325

#### **Promotions Pronto**

757 Spirit of St. Louis Blvd

#### Shake Shack #1352

17312 Chesterfield Airport Rd

#### **Streetsmart Solutions**

16100 Chesterfield Pkwy W, 365

#### Stretchin Issa Habit

291 Chesterfield Ctr, 408

#### **Superior Heating & Cooling**

17722 Chesterfield Airport Rd





# City of Chesterfield

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# **Emerald Ash Borer Update**

In 2016, the City of Chesterfield implemented the Emerald Ash Borer (EAB) plan, whereby each of the City's 6,709 public Ash trees would be removed over a seven-year period due to a disease caused by the EAB. Once an area is affected (such as the City of Chesterfield) the EAB kills all Ash trees, making them brittle and hazardous to area motorists and pedestrians. Since the implementation of this program, 5,800 Ash trees have been removed within the City of Chesterfield. All the remaining Ash trees are scheduled to be removed by the first quarter of 2023.

The City of Chesterfield values its tree-lined streets, and an

integral part of the EAB plan is reforestation. In 2021, the City Arborist managed the replanting of 393 new street trees. If you are interested in the City of Chesterfield planting a tree in the public right-of-way in front of your home, please visit the City's website at www. chesterfield.mo.us. Within the "Resident" tab you can find the "Residential Street Tree Program," which provides the Street Tree Program details, an application, and our Tree Guide. The City of Chesterfield plants trees twice a year - once in the spring and once in the fall. The Application deadline for the fall 2022 planting is August 31, with a cost of

\$100 per tree request. The City subsidizes the majority of the total cost to plant these trees, which is approximately \$325 - \$350 per tree.

If you have questions regarding City trees, or the Street Tree Program, please contact the City Hall at 636.537.4000.



# 2021 Chesterfield Police Report Overview

Each year, the Chesterfield Police
Department provides statistics from the previous year and tracks it on their monthly reports. To the right is a listing of the various criminal related occurrences that were investigated by the Chesterfield Police Department throughout calendar year 2021. In addition, you can find the number of enforcement actions undertaken, such as arrests, traffic citations and warnings issued. The Chesterfield Police Department conducted 562 vacation inspection programs checks over the course of 2021.

Holiday Trash Pickup

Independence Day: Monday, July 4
All routes will move forward one
day, ending with Friday routes
collected on Saturday.

2021 Chesterfield Police Report	
REPORTS	2021
Murder	0
Manslaughter	0
Non-Forcible Rape	0
Forcible Rape	5
Sexual Offense	15
Robbery	5
Assault	149
BurglaryResidential	42
BurglaryCommercial	33
LarcenyFelony	197
Larceny-Misdemeanor	436
Auto Theft-Recovered Stolen Vehicles in Chesterfield	16
Arson	1
Auto TheftRecovered Chesterfield Vehicles Other Juris.	59
Checks/Fraud	196
Vandalism	76
Drug Violations	167
D.W.I.	88
ArrestAdult	1316
ArrestJuvenile	62
Total Vehicle Accidents	1175
Motor Vehicle Accident - Fatalities	0
Motor Vehicle Accident - Injuries	230
Traffic Citations	5799
Warnings Issued	6624
Parking Summons	61
Alarms- Residential and Commercial	893
Calls for Service	57101



### **Amphitheater**

Check out Sounds of Summer and The Country Fair this summer!

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#### **Community Events**

Join us for Stars & Stripes Run and the 4th of July Celebration!

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#### Aquatics

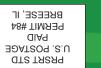
Grab your season passes and go enjoy the summer poolside!

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Dated Material: Please deliver by May 16, 2022

This newsletter is printed on recycled paper.





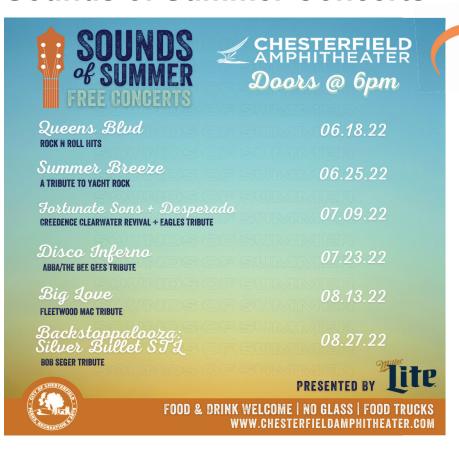
sion for Accreditation

and Recreation





### **Sounds of Summer Concerts**





Scan this QR code to visit the amphitheater website to browse shows or get tickets

## **The Country Fair**

The Chesterfield Amphitheater's 2022 season officially kicks off this week! Join us THIS WEEKEND, Thursday, May 19 – Saturday, May 21 for the first ever Country Fair taking place at the fairgrounds located across the street from the Chesterfield Amphitheater. The Country Fair is a family-friendly event hosting national, regional, and local country music acts where kids 12 and under are FREE all day, every day! Tickets are as low as \$20 per day and include access to all carnival rides, the Honky Tonk Tent with a mechanical bull & dancing, great local St. Louis food and shop vendors, and over 9+ live performances. Tickets can be purchased at www.chesterfieldcountryfair.com or at the Chesterfield Amphitheater Box Office at the door, day of the show. You don't want to miss this! For more information, see page 13.

# **Upcoming Concerts at the #ChAmp**



August 10 Andrew Bird with Iron & Wine



August 14 Lake Street Dive



August 28 "Weird AI" Yankovic with Emo Philips



September 17 **Ozark Mountain Daredevils** 

The following shows have been announced at The Chesterfield Amphitheater and tickets are on sale now! To purchase tickets to an upcoming show or learn more about us, visit our website at https:// www.chesterfieldamphitheater.com. To stay up to date on all things Chesterfield Amphitheater, give our Facebook Page (Chesterfield Amphitheater) a "like" and our Instagram (@chesterfieldamp) a follow!

# The April-June Art Exhibit in City Hall

The April-June art exhibit at Chesterfield City Hall features artwork from students enrolled at Barat Academy led by Ms. Angela Lamb who teaches General Art Education as well as Graphic Design & Media Literacy, Drawing & Painting, and Ceramics. This art show is reflective of the entire school art program. In this curated selection, you will find an exploration of neurographic art utilizing sea life as the subject matter. From the Media class, there is computer generated art and photo manipulation displayed. The goal of Barat Academy's art program is to expose students to as many art forms and techniques available in order to explore the creative process fully to be a wellrounded artist and become a creative thinker. Additionally, the April-June art exhibit includes a series of artwork by Sukanya Mani titled "Solah Shringhar". Through experimentation between abstract and representation, Sukanya cuts paper into patterns that fragment and unite the female body. Through engaging social commentary, Sukanya's hope is to dismantle and reclaim stereotypes surrounding female stories through the reworking of how we see them -- lives of the oppressed that are silenced and worshipped in the same breath.



Size: 46" x 40"

Medium: Paper Cut Tyvek

Cost: \$3,000

Displayed: Inside City Hall



8:30 a.m. - 5 p.m. Monday – Friday Inside the Lobby at City Hall Free and open to the public

Our newest art exhibit will showcase the following established regional artists:

#### **April-June**

Students from Barat Academy under Ms. Angela Lamb Sukanya Mani

#### July-September

Jessa Feltes Barbara Marshall

#### October-December

Noah Ennis Erin Williams Kelene Monsterlove

# Sculpture on the Move

The City of Chesterfield participated in the Sculpture on the Move Program sponsored by the Creative Communities Alliance again this year. The Sculpture on the Move Program is intended to build relationships between artists and communities as well as grow art appreciation throughout the state of Missouri while allowing participating cities to display various sculptures on loan. The City of Chesterfield's Parks, Recreation, and Arts Citizens Advisory Committee narrowed down over 150 sculptures to finalize their "Top 10". The City of Chesterfield was able to secure their number one choice – "Popsicles" by Craig Gray.

"Popsicles" is a sculpture that stands 96" x 60" and is made from steel, stucco, and masonry. Arriving from Key West, Florida "Popsicles" is inspired by the delightful summertime treat and portrays three interlocked, brightly-colored popsicles melting into the ground. "Popsicles" will be on display in the City of Chesterfield from May 2022 until May 2024.







# Stars & Stripes 5K/10K and Fun Run

Join us Monday, July 4 for the 4th Annual Chesterfield Stars and Stripes 5K/10K and Fun Run! Start your holiday with some fun exercise! Come run and walk with us! 5K/10K will begin at 8:30 a.m., and Fun Run starts at 10 a.m.! Participants will be given the option to run either in person or virtually.

#### RACE LOCATION and TIME:

Monday, July 4, 2022 5K/10K Starts at 8:30 a.m. FUN RUN Starts at 10 a.m.

Chesterfield Valley Athletic Complex 17925 North Outer 40 Road Chesterfield, MO 63005

#### STARS AND STRIPES 5K/10K FEES:

\$25 Early Bird - June 13 \$30 June 14 - July 3 \$40 Race Day

FUN RUN FEES: \$15 (through Race Day)

To guarantee a shirt, register by June 20.

To register, visit https://www.chesterfield.mo.us/ stars-and-stripes.html.



# 4th of July Celebration

Come join us on Monday, July 4 for our Fireworks Celebration! We will have live entertainment, food trucks, inflatables, pony rides, Circus Kaput, and much more! Lawn chairs, blankets, outside food and beverages are allowed. (NO GLASS or TOBACCO products)

#### Viewing Area will be:

Chesterfield Valley Athletic Complex 17925 North Outer 40 Road Chesterfield, MO 63005 6 p.m. until fireworks end FREE to attend

#### Schedule:

6 p.m. - Doors Open
6:30 - 9 p.m. - Food Trucks &
Kids Zone Opens (free)
with inflatables, pony rides,
Circus Kaput and more!
7 p.m. - 9 p.m. - Fat Pocket Performs
9 p.m. - Fireworks Begin

For more information, visit https://www.chesterfield. mo.us/4th-of-july.html.





# **Happy Hour Run**

Come out for the healthiest happy hour of the year! The Chesterfield Parks, Recreation & Arts Department invites you to the Chesterfield Happy Hour Run on June 9 at 6 p.m. This run is a timed 5K (3.1 miles) and each participant will receive a shirt with a ticket for one free beer. Bring your company out and sign up as a team and receive a corporate discount on registration. Runners are encouraged to stay after the run for food, drinks, and networking!

Date/Time: June 9, 2022 at 6 p.m.

#### Location:

Chesterfield Amphitheater 631 Veterans Place Dr Chesterfield, MO 63017

#### Cost:

Individual -- \$25/person through May 26; \$30 through June 8; \$40 race day Team -- Teams can add their company logo to their shirts. \$200 for team of 10, registration must be completed by May 26. \$375 for team of 20, registration also must be completed by May 26.

To register, visit https://www.chesterfield. mo.us/happy-hour-run.html.

# KIDS TRY-ATHLON

Saturday, June 11, 2022 at 10 a.m. at Central Park

Resident: \$10 • Non-Resident: \$15 Ages 3-6

The TRY-athlon is the perfect event for young kids to get out and get active. Come out and compete in a bike, run, swim competition. The swimming portion will end on the mini slides at the Chesterfield Family Aquatic Center. To register, visit https://www.chesterfield.mo.us/try-athlon.html. Registrations accepted day of race.



#### SATURDAY, JUNE 11, 2022 AT 8:30 A.M. AT CENTRAL PARK

Ages 6-15 • Day of Event Cost: \$40

Come out and join us for this fun-filled race! Kids will compete in a swim, bike, and run competition. The top three male and female overall competitors in each age group and overall male and female will receive an award.

Age Groups: 6-7, 8-10, 11-12, 13-15.

Ages 6-10: 25 meter swim, 1-mile bike ride and ½ mile run.

Ages 11-15: 75 meter swim, 2-mile bike ride, and a 1-mile run.

SAFETY: Non-swimmers may complete the swim portion with the aid of a life jacket or kickboard. However, athletes using swim aids will not be eligible for the overall awards.

To register, visit https://www.chesterfield.mo.us/youth-triathlon.html. Registrations accepted day of race.

TRIATHLON EARLY BIRD PRICING

May 1 - June 11 \$32







16365 Lydia Hill Drive, Chesterfield, MO 63017

#### ATTENDANCE POLICY

Chesterfield Family Aquatic Center (CFAC) retains the right to close the facility for reason of safety, this includes, but is not limted to:

- Inclement weather that interferes with the safety of the patrons and/ or the ability of the lifeguard staff to maintain a clear visual of the bottom of the pool.
- Cold temperatures that are not conducive for swimming.
- Inadequate staffing numbers in the early or late summer season.
- Poor patron attendance (this is at the discretion of the managers on duty) Call ahead at 636.537.4770 ext. 4. For more information, please visit us at https://www. chesterfield.mo.us

#### **SEASON PASSES**

Get your 2022 season passes at City Hall! Open Mon – Fri, 8:30 a.m. to 5 p.m. Offering full and half season passes, to all residents and non-residents! All season pass holders, ages 3 and over are required to have an individual season pass card. These cards are printed at City Hall upon purchase. Need to renew your pass? Visit us at https://webtrac.chesterfield. mo.us/wbwsc/webtrac.wsc/login. html and proceed to enter your login information. For group swim rates, reservations, and questions regarding events or programing, please contact aquatics@ chesterfield.mo.us. For other weather and attendance policy information, please visit https://www.chesterfield.mo.us.

#### POOL OPENS

Memorial Day Weekend May 28, 29, 30 Saturday, Sunday, Monday 12 - 6:30 p.m.

#### POOL HOURS

May 31 - June 3 Tuesday-Friday Hours: 4 p.m. - 7 p.m.

June 4 - August 22 Monday-Friday Hours: 12 - 7 p.m.

Saturday, Sunday & Holidays

Hours: 12 - 6:30 p.m.

<u>August 22-September 5</u>
\*Starting August 22 we will only be open weekends. Monday-Thursday: Closed

Friday hours: 4 - 7 p.m. Saturday, Sunday & Holidays Hours: 12 - 6:30 p.m.

\*(subject to change/closure based on weather and staffing availability.) Any changes or updates will be on our website, social media and hotline.

#### POOL CLOSES

Labor Day Monday, September 5: 12 - 6:30 p.m.

#### **SEASON PASS & DAILY ADMISSION RATES**

	FULL SEASON *Resident Non-Resident			HALF SEASON (starts July 11) *Resident Non-Resident			DAILY ADMISSION *Resident Non-Resident	
Individual Adult (18+ years of age)	\$95	\$160		\$50	\$80		\$7	\$9
Individual Child	\$85	\$145		\$45	\$75		\$6	\$9
Individual Senior (62+ years of age	\$85	\$145		\$45	\$75		\$6	\$9
Family of Four (Up to 2 adults & 2 dependents u	\$210 under age 24 in the sa	\$340 me household. Must	provid	\$105 e proof of residency for	\$170 any dependent over	the aç	 ge of 18.)	
Additional Family Member	\$20	\$20		\$20	\$20		Children Under 2 Free	

FACILITY CLOSINGS

August 15-19: Only the Leisure and Splash Pad will be open. The Aquatic Center may close at other times due to unforeseen circumstances.



\*To receive a resident discount, you must present an official Missouri driver's license or state identification card, with valid Chesterfield address listed. For a complete list of Family Aquatic Center rules, please go to our website at https://www.chesterfield.mo.us.

#### PADI SEAL TEAM SCUBA CAMP

July 25 - 29 • 1 - 4 p.m. • Ages 8-12 Resident: \$215 • Non-Resident: \$265

PADI Seal Team is a pool-only, activity-filled introduction to the exciting world of scuba diving under the direct supervision of certified scuba instructors. Participants will complete a new "AquaMission" each day to learn new scuba skills. Each participant will receive an Activity Logbook, a Seal Team member card (mailed to their home) and wall certificate. All equipment is provided. Participants must be comfortable in deep water. To register, visit https://www.chesterfield.mo.us/ scuba-camp.html.

#### DISCOVER SNORKELING

June 26, July 31, or August 28 11 a.m. - 12:30 p.m. • All Ages

Resident: \$40 • Non-Resident: \$50

Discover Snorkeling is a way to introduce participants to the fun of snorkeling. A Y-kiki Divers staff member will spend time with you reviewing what you can expect to see, the importance of properly fitting a mask, making the right fin choice, and going over the differences between snorkels. We'll offer tips and demonstrate techniques. To register, visit https:// www.chesterfield.mo.us/discover-snorkeling.html.



Cost: \$2 off CFAC admission Doors open at 7:30 p.m., movies start at dusk (approx. 8:00 p.m.)



Friday, July 1 The Sandlot



Friday, August 5 The Lego Movie

Friday, July 22 **Arthur Christmas** 

#### SPECIAL EVENT DAYS

at the chesterfield family aquatic center



Sunday, June 19 Father's Day Noon - 6:30 p.m.

Free entry with paid child's admission



Monday, July 4 Star Spangled Swim Noon - 6:30 p.m.

\$2 off entry



Friday, July 22 Holiday **Celebration in July** Noon - 7 p.m.

**Regular Rates Apply** 



Saturday, August 20 First Responder Appreciation Noon - 6:30 p.m.

Free entry with another paid admission

#### DISCOVER SCUBA EXPERIENCE

June 26, July 31, or August 28 • 9 - 11 a.m. • Ages 10+ Resident: \$55 • Non-Resident: \$70

Have you ever wondered what it's like to breathe underwater? While not an actual scuba certification, during a Discover Scuba Diving experience you'll learn how to use scuba equipment in shallow water and get a guick and easy introduction to what it takes to explore the underwater world. You'll use all the basic scuba gear including a mask, snorkel and fins, a buoyancy compensating jacket that also carries your scuba tank, a scuba regulator to breathe from and instrumentation to monitor depth and air supply. You might also wear a scuba wetsuit. To register, visit https://www.chesterfield.mo.us/ discover-scuba.html.



## aquatics

#### RECREATIONAL SWIM LESSONS

Chesterfield Family Aquatic Center Resident: \$68 • Non-Resident: \$86



# Seahorse

3-5 years, Introduction of Water Skills

# Starfish

5-8 years, Fundamental Aquatic Skills





# Guppy

9-12 years, Stroke Development

#### **MORNING LESSONS**

Morning lessons meet four days per week at 11 a.m. - 11:30 a.m. on Monday-Thursday. Max 6, Min 4.

Session 1: June 6 - June 16 Session 2: July 5 - July 14\* (\*First week is Tuesday-Friday, second week is Monday-Thursday) Session 3: July 18 - July 28

#### **SATURDAY LESSONS**

Session 4: June 18 - August 6

10:20 - 10:50 a.m. (all levels) 11 - 11:30 a.m. (all levels)

To register for the lessons, visit chesterfield.mo.us and search "Online Registration" or visit City Hall during normal business hours, 8:30 a.m. to 5 p.m. M-F.

#### RIVER WALK **GLOW NIGHTS**

July 28 • August 2 • August 4 6:15 p.m. – 8:45 p.m.

Join us for a night of fun as we take our walk to the next level. The water won't glisten, it will GLOW. Normal rates apply.



#### **RIVER WALK CLUB**

Chesterfield Family

**Aquatic Center** 

Become an active member of our water walking community in our Endless River as we 1/2 off River Walk Season Passes starting July 11!

walk with or against the current for a customizable workout. Proven to increase blood circulation, and take pressure off joints as you work your muscles, it is the optimal form of exercise for anyone beginner or advanced! Take the river at your own pace as we get active this summer! All participants must be 16 years or older. Visit us at City Hall M-F 8:30 a.m. to 5 p.m. to purchase a River Walk Club Punch Card.

#### DAILY WALK-IN FEES

Resident: \$4 Non-Resident: \$5

#### **PUNCH CARD FEES**

(10 punch min.) Resident: \$3/punch Non-Resident: \$4/punch

#### SEASON PASSES

Resident Season Pass: \$120 Non-Resident Season Pass: \$150

#### DATES & TIMES

May 31 - August 19 Monday – Friday: 8 – 10 a.m. Tuesday & Thursday: 6:15 - 7:45 p.m.

#### SATURDAY MORNING RIVER WALK

June 4 - September 3 9:30 – 11 a.m.

#### LATE AUGUST RIVER WALK

Mornings: August 22 - September 6 Monday - Friday: 8:30 - 10:30 a.m. August 23 – September 1 Tuesday, Wednesday, Thursday 4:30 - 6:30 p.m.



#### PRE-SEASON DIVE WARM UP

Resident \$75 • Non-Resident \$85 • May 31 – June 2 • 5:30 - 6:30 p.m. To register, visit https://www.chesterfield.mo.us/preseason-dive-warm-up.html

#### **SWIM STROKE SHARPENING**

Start the swim season off strong with some extra time with the coaches!

Residents: \$75 Non-Residents: \$85

May 31 - June 2
Session One: 5:30 - 6:30 p.m. (10 & Younger)
Session Two: 6:30 - 7:30 p.m. (11 & Older)
Maximum 12 per hour slot / Minimum 6

#### SPECIALIZED SWIM LESSONS

Chesterfield Family Aquatic Center Resident: \$129 • Non-Resident: \$159

Scholarships available at https://www.hopefloats.foundation/.

Swim lessons are taught by certified, professional instructors from the British Swim School

Register online at https://britishswimschool.com/st-louis/chesterfield-family-aquatic-center or call 314.312.1878.

#### MORNING LESSONS

(Mon.-Thurs.)

Session 1: June 6 - 16 Session 2: June 20 - 30

Session 3: July 5 - 14

Session 4: July 18 - 28 Session 5: August 1 - 11

9:45 - 10:15 a.m. 10:15 -10:45 a.m.

# **EVENING LESSONS**

(Tues./Thurs.)

Session 6: June 7 - 30 Session 7: July 5 - 28

6:45 - 7:45 p.m.



# TOT TIME



Every Friday, June 3 - August 12 Chesterfield Family Aquatic Center 9:30 - 11:15 a.m. Resident: \$4 • Non-Resident: \$5 Adults: FREE

Bring your kids for a splash and play friendly time at the pool. Ages 0-5 are welcome to come and explore with mom and dad during a time dedicated to Tot friendly FUN • Cannot use season pass for entry • 2 & Under free rule does not apply • Children 6-11 that are being disruptive during play time will be asked to sit out.

June 3 -- Aquatic Safety

June 10 -- **CONSTRUCTION DAY** 

June 17 -- Superhero Day

June 24 -- Rainbow Day

July 1 -- Red, White, and Blue Day

July 8 -- Space Day

July 15 -- Pirate/Treasure Day

July 22 - Holiday Celebration in July

July 29 -- MUSIC DAY

**AUGUST 5 -- LEGO DAY** 

August 12 -- Back to School Carnival





# recreation programs

#### CHESTERFIELD YOUTH SOCCER LEAGUE

CVAC • Ages 3-12

Saturdays, September 10 - October 22

Registration: May 1 - August 20 Resident: \$82 • Non-Resident: \$98

Chesterfield Youth Soccer League will give area youth the opportunity to learn and develop soccer skills! This 7-week league has games on Saturday's at the Chesterfield Valley Athletic Complex. Practices are once a week at the discretion of the coach and parents. Participants will receive a uniform shirt, socks and a soccer ball. Participants will register individually and will have the ability to request a coach and/or teammate! Head coaches will receive their child's registration free!

Co-ed Age Divisions: 3/4, 5/6, 7/8, 9/10, 11/12. More information and registration at https://www. chesterfield.mo.us/youth-fall-soccer-league.html.











#### **ADULT FALL SOFTBALL LEAGUES**

CVAC • 18+

Come out and join us for another exciting season of Adult Softball! Each league is a 6-week double header league plus one week of playoffs. Teams are guaranteed 12 regular season games plus at least 1 playoff game.

> Co-ed begins Monday August 1 Men's League begins Tuesday August 2 Game times start between 6:30-9:30 p.m.

Co-ed pricing \$400 resident discount (per team)/ \$500 general (per team). Men's pricing \$400 resident discount (per team)/ \$500 general (per team).

To register, visit https://www.chesterfield.mo.us/adultsoftball-fall.html.

Slow-pitch leagues for ages 18 and over. All games played under current ASA rules and officiated by certified umpires.

Registration opens June 1 and closes July 20.

# recreation programs

# SPORTS AND WELLNESS SHADOW PROGRAM

CVAC • 18+ • Free August 27 and September 10



Interested in sports, programs, camps, being outside, having an active lifestyle? The City of Chesterfield, Sports and Wellness Division is hosting a one-day Shadow Program this fall for students to have hands on experience on what the Parks and Recreation field looks like! This is a great learning experience for anyone in high school or college. And it is a free program! For the training day you select, you will arrive at the Parks Administration Building and you will have an intro meeting with some of the Parks, Recreation, and Arts - Sports and Wellness Division staff! After going over some of the behind-the-scenes job responsibilities, you will get a hands-on tour on the operation of a large outdoor sports facility, the Chesterfield Valley Athletic Complex!

For more information, visit www.chesterfield.mo.us/sports-and-wellness-shadow-program.html.

#### YOGA IN THE PARK SESSIONS

#### Gentle Yoga

June 9, 16, 23, 30 September 8, 15, 22, 29 October 6, 13, 20, 27

#### Active Yoga

June 4, 11, 18, 25 September 3, 10, 17, 24 October 8, 15, 22, 29 All Sessions Located:
Awakening in Central Park
16100 Main Cir Dr.
Chesterfield, MO 63017

Time of Sessions: Gentle Yoga: 9 - 9:55 a.m. Active Yoga: 9 - 9:55 a.m. To register, visit: https://offbeat-yoga.com/2021/01/26/outdoor-yoga/.

Meet next at the East Pavilion-- class will be held on the grassy area.

\*Please note, these are <u>not</u> drop in classes. You must register for an entire 4-week session in order to attend. Each session costs \$35.

#### **CVAC COMMUNITY NIGHT**

Friday, May 20 • CVAC All Ages • Free • 5 - 9 p.m.

Come out for an evening of free play at CVAC on May 20! We will have goals, balls, and some games set up but you can also bring your own equipment. Bring your friends and enjoy free field space and open play at the CVAC! All participants must register when they arrive. Registration will be at B1, no need to pre-register. Concessions will be open.

Chesterfield Valley Athletic Complex 17925 North Outer 40 Road, Chesterfield, MO 63005.

Located on fields B1, B7, B8, B9, and the Miracle Field. For more information, email athleticcomplex@chesterfield.mo.us.



#### SENIOR PANEL DISCUSSION

Come join the panel as we discuss various topics each month. Chesterfield Community Center - 237 Chesterfield Mall (2nd floor by Macy's in the Chesterfield Mall) 10 - 11 a.m.

Free to attend

Register by emailing olderadults@chesterfield.mo.us or calling 636.812.9500.

June 7 - Senior Living Communities 101

If you or a loved one wants or needs to move to a senior living community, where do you start? Discover the different types of senior living options and how to pick the best community for your current and future needs. Featuring: Sherry Ehler, Friendship Village.

#### EDUCATIONAL SEMINARS

Chesterfield Community Center - 237 Chesterfield Mall (2nd floor by Macy's in the Chesterfield Mall) 10 - 11 a.m.

Free to attend

Register by emailing olderadults@chesterfield.mo.us or calling 636.812.9500.

June 21, 2022 -- Staying Healthy Mentally Presented by Renee Pyatt, MA, CMC with Care Choice Care Management.

June 28 – Recipes from the Heart

Join a St. Luke's hospital Registered Dietician to learn how to navigate heart healthy nutrition. Please bring a food item with the nutrition label for an interactive discussion. Blood pressure screenings will also be offered.

July 26 -- Living Well with Vision Impairment Presented by Brenda Wendling, ACSW, LCSW with Society for the Blind and Visually Impaired.

August 2, 2022 -- Keep Your Keys

The Keep Your Keys program is a driver-safety course geared toward people 55 and older, caregivers and facilitators, typically health educators, policy or highway patrol departments, nurses, etc. University of Missouri Health Care's Injury Prevention and Outreach Program provide resources for adults – both individuals and caregivers - who may need support to continue driving or retire from driving.

August 9 -- Senior Fraud Seminar

Presentation will cover the latest and best practices on how to prevent being a victim of fraud. There will be a booklet to hand out and take home.

August 23 -- Parkinson Disease Support by Marilyn Wilson MSW with American Parkinson Disease Association.

Provided By: St. Luke's HOSPITAL

#### SELF-SERVICE CIRCUIT TRAINING PROGRAM

Resistance bands are an easy-to-use exercise tool. They come in different shapes, sizes, and resistance levels. There are multiple types of bands--loops, straight, flat, or tubular with handles attached. Resistance bands are versatile and portable. Bands add variety to your workouts and can improve strength, muscle tone, and help maintain bone health by adding resistance to your musculoskeletal system.

Initial info sessions will take place every Monday, Thursday, and Friday from 10 - 11 a.m. A training session is required before doing this on your own. Free any time after initial info session \*during hours of operation

> To register, contact olderadults@chesterfield.mo.us or call 636.812.9500.



#### YOU HEAL U CLASSES

You Heal U will be providing Yoga classes at the Chesterfield Community Center. Classes are taught by Kimberly Hall, Certified Yoga Instructor and National Board Certified Health and Wellness Coach. Our mission is to move through life, increase well-being, learn new skills, and have fun doing it all. To register, go online at youhealu.as.me.

8 a.m. - 9 a.m. Morning Yoga! All levels welcome, no experience necessary. We'll begin our day together, moving, breathing, grounding, centering. Gain confidence, balance, strength, and greater sense of well-being.

9:15 a.m.- 10:15 a.m. Chair Yoga! A gentle practice in which postures are performed while seated and/or with the aid of a chair. Chair yoga classes is for anyone who may find a typical yoga session challenging. Improve balance and strength to assist with everyday activities.

10:45 a.m.- 11:30 a.m. Kids Yoga Fun! (Ages 5-10) Yoga is a great way to build physical, mental, and social strength in young children. It is also a fun way for kids to build fine and gross motor skills. These classes are full of fun songs, active games, and lots of laughter and play.

Session 1: T/TH June 7, 9, 14, 16, 21, 23, 28, 30

July 5, 7 Session 2: T/TH July 12,14, 19, 21, 26, 28 Aug 2,4, 9, 11

10 Class Session: \$120 each session

Option for either Tuesday or Thursday only: 5 Class Session \$75

Drop-In Class Available: \$20 each





#### VETERAN PEER SUPPORT GROUP & FORUMS



5:30 p.m. - 7 p.m. at the Chesterfield Community Center 237 Chesterfield Mall (located at the Chesterfield Mall 2nd Floor Next to Macy's) Free to attend

All Veterans are welcome to our Veteran Peer Support Group & Forums. We will hold a meeting once a month to discuss various topics as well as have speakers. This is an open forum for Vets to share, connect with other Vets, provide information, data, and provide direction to resources that can assist other Veterans.

<u>Topics:</u> Each month the group will tackle a different topic: PTSD, VA Claims, Coping Strategies, Jobs, VA Benefits, Family Issues, Support Agencies for Vets, Emotional Distress, Housing, Homelessness, Women Veterans, and more

June 9, 2022: Adam McBride, Executive Director, Veterans Community Project

July 13, 2022: Dr Gary Becker PhD, PTSD, Mental Health Issues in the Veteran Community

August 11, 2022: Retired Air National Guard Major General Cassie A. Strom & Retired U.S. Air Force E7, Master Sergeant Barbara Marshall: Women in the military past and present History & Current Issues.

Register by emailing olderadults@chesterfield.mo.us or call 636.812.9500.





FRIDAY, MAY 20

OCAL FOOD AND VENDORS



SATURDAY, MAY 21

### FREE















CHICKEN



MORE INFO AT WWW.CHESTERFIELDCOUNTRYFAIR.COM